

Midget AAA Tier I Hockey

U18 & U16



Russell Stover Candies has joined forces with the Kansas City Stars to create a new Midget AAA organization to compete with the best programs in the country. If Junior or College hockey is in your plans, the Stars can help you achieve your goals.

Great Coaching

- **Pat Ferschweiler**– played Division I college and 8 years of professional hockey
- **Jason Herter**– played Division I college hockey and 12 years of professional hockey
- **Chris Johnston**- played Junior A hockey in Canada

2004-2005 Fees

Our fees for this season will be \$2700

This will include:

- All practice ice, 3-5 hours a week
- All tournament and game fees
- Gym membership
- Team sweat suit, bag, jersey and socks
- Spot on Local Metro High School Team

The only additional costs will be travel costs which will be assessed to each player and a \$200 per month fee for players that need housing. Russell Stover Stars accept credit cards and can set up monthly billing to work with family budgets

Contact Information

Pat Ferschweiler 816-838-3980

fersch14@hotmail.com

Terry Vitali 913-302-8071

vitali22@kc.rr.com

Off Ice Training

The Russell Stover Stars program will feature intense junior and pro style off ice training including but not limited to:

- Plyometric training
- Sprint interval/ agility ladder training
- Stationary bike and Stairmaster workouts
- Parachute training
- Weight Training

Russell Stover Stars have their own weight room at our home rink Pepsi Ice Midwest

Tryout Information

Location:

Pepsi Ice Midwest

12140 W 135th St

Overland Park, KS 66221

www.pepsiicemidwest.com

Dates: August 6th-8th

*There will be one ice time Friday evening, two Saturday, and one Sunday morning

Costs: \$60 per player

Forms: Tryout forms available at www.usahockey.com/kansas_city_stars or by con-

tacting Terry or Pat